



## VOLUNTEER JOB DESCRIPTION: Chore Services

**Organization: Volunteers of America of Minnesota**  
**Location: 3333 N 4th Street, Minneapolis, MN 55412**  
**Contact: Dagmar Koch, Volunteer Coordinator**  
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### Position Summary

Chore Services Volunteers provide practical, hands-on assistance to help ease the day-to-day responsibilities of caregivers supporting a loved one living with dementia. By completing household and outdoor tasks, volunteers help caregivers focus on rest, connection, and care.

Volunteers are thoughtfully matched with caregivers by VOA staff based on the caregiver's needs and the volunteer's skills, interests, and availability. A VOA staff member will accompany volunteers during the initial meeting with the caregiver and family.

This opportunity is also well-suited for **volunteer groups**. Volunteers under age 18 must be accompanied by a responsible adult and submit a signed guardian waiver.

### Key Activities

Volunteers may assist caregivers with practical household tasks, including:

- Snow removal
- Lawn mowing
- Raking and removing leaves
- Moving heavy household items
- Light cleaning and household support

*Tasks are matched carefully to ensure safety, comfort, and appropriateness for both volunteers and caregivers.*

### Benefits of Volunteer Role

- Be part of a compassionate, mission-driven team
- Increase your understanding of dementia and caregiving
- Make a meaningful difference in the lives of caregivers and their families
- Meet like-minded people and build community connections

- Use your skills and physical abilities to support others
- Participate in volunteer recognition opportunities
- Attend social events with fellow volunteers and VOA staff

### **Desired Qualifications**

- Empathy and openness to supporting people living with dementia and other disabilities
- Ability to complete outdoor or physical tasks safely
- Ability to lift and move heavy household items (as applicable)
- Clear and respectful communication skills
- Ability to pass a background check  
*(Not required for all outdoor tasks or group volunteer opportunities)*

### **Time Commitment**

- Flexible and based on the specific task and caregiver needs
- Some tasks may involve a regular schedule (e.g., lawn mowing every other week)
- Snow removal may be scheduled as needed following snow events
- Other tasks may be one-time or occasional, as agreed upon with the caregiver and CSDS team

### **Training/Orientation**

Volunteers receive orientation and support, including:

- Volunteers of America overview and mission
- Dementia training (optional, but encouraged)
- Policies and procedures
- Volunteer hours reporting
- Access to additional resources and staff support