



## **VOLUNTEER JOB DESCRIPTION: Health and Nursing Volunteer**

**Organization: Volunteers of America of Minnesota**  
**Location: 3333 N 4th Street, Minneapolis, MN 55412**  
**Contact: Dagmar Koch, Volunteer Coordinator**  
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### **Position Summary**

The Health and Nursing Volunteer provides basic health education and screening services to clients, caregivers, and staff. This role supports community wellness by offering services such as blood pressure checks, memory screenings, glucose testing, lipid testing (for RNs), and education on common chronic health conditions.

### **Key Activities**

- Provide health education to clients, caregivers, and staff
- Attend outreach events and health fairs
- Conduct blood pressure checks
- Provide lipid testing (for licensed RNs only)
- Conduct memory screenings
- Present on health-related topics at caregiver events and health fairs

### **Benefits of Volunteer Role**

- Contribute to meaningful work that supports individuals with dementia and their caregivers
- Deepen your knowledge of caregiving, brain health, and chronic conditions
- Connect with a community of dedicated volunteers
- Use your professional skills to make a real impact
- Participate in social and recognition events
- Gain rewarding hands-on experience with a supportive team

### **Desired Qualifications**

- Active nursing license (required for clinical screenings)
- Strong listening and communication skills
- Empathy and comfort working with people living with dementia or other disabilities
- Basic computer literacy
- Willingness to complete a background check

## **Time Commitment**

Volunteer schedules are flexible and based on the event calendar. Opportunities for regular, ongoing shifts are also available.

## **Training & Orientation**

All volunteers receive introductory and ongoing training, which may include:

- VOA mission, values, and organizational overview
- Dementia education
- Blood pressure screening training
- Memory screening training
- Basic health and prevention education
- Policies and procedures
- Access to additional educational resources